

2009/2010 Interscholastic Sport Forms

June 10, 2009

Dear Parents,

In order to participate in interscholastic athletics, a student must have a current physical (less than 365 days old) and must submit a state-approved physical form, completed by a doctor, which is available online. In addition, if your child's physical is more than 60 days old, a recertification/permission form, also available on line, must be submitted. All of these documents are required by each sports deadline in order for a student to attend the first practice. **Students cannot attend any practices until all forms are submitted, reviewed by our school physician, and their name is listed on the roster with the coach.**

I will be informing you of the deadline dates for each of our sports seasons for the 2009-2010 school year. **Fall sport deadlines are listed on the back of this form.** In order to be sure that we are in compliance with all state and local regulations regarding athletic participation, these deadlines must be met without exception. In the past, we have had forms brought to school just a few days before or on the first day of practices. This will no longer be an acceptable practice. If the appropriate deadline is not met, your child will be delayed in their participation during that sport season. I would encourage you to prominently note the deadline dates and plan accordingly. Pre-participation Physical Exam form, Health History Questionnaire form and Recertification/Permission forms can be found on the Califon School website under the nurse/athletic link. Forms are also available at the main/health office throughout the summer.

If you have any questions about meeting these deadlines, please contact me immediately. Please do not wait until the end of July to try to sort out any issues that may arise. If your son or daughter is unsure about participation in an interscholastic sport, you should submit the appropriate paperwork. If your child decides not to participate, they can decline from participating. For fall sports, you can either drop the forms off at Califon School or mail them to Califon School, 6 School St., Califon, NJ 07830, attn: Linda Patterson /Athletic Participation Forms. All forms must be received by deadline dates.

I thank you in advance for your cooperation. If you have any questions, do not hesitate to contact me at 832-2828, ext. 212.

Sincerely,

Linda Patterson, RN, CSN
Califon School Nurse

**CALIFON SCHOOL
INTERSCHOLASTIC ATHLETICS
FORM DEADLINES**

Fall Sports

**August 14, 2009 Physicals, Health History Questionnaires
and Recertification/Permission Form due.**

Sept. 2, 2009 Practice for all approved students.

Winter Sports

**To be announced Physicals, Health History Questionnaires
Recertification/Permission Forms due.**

To be announced Practices for all approved students.

Spring Sports

**To be announced Physical, Health History Questionnaires
Recertification/Permission Forms due.**

To be announced Practices for all approved students.

**** Please remember that physical forms must be certified, in advance, prior to the first practice, by our school physicians. If you have any questions, please contact the school nurse, Linda Patterson @ 908-832-2828, ext. 212, well in advance so that issues can be resolved. Thank you in advance for your cooperation.**