

Mrs Patterson & Mrs Gunther are in the classes working with the students at all times.

Notes:

Grade 6

- ① Puberty Changes: Story read aloud together aloud about an adolescent named Chris. Discusses physical emotional + social changes taking place during puberty. Decide if Chris is a boy or girl or both. Worksheet, Categorizing changes Boy, Girl, Both. Discuss how these changes make you feel.
- ② Hygiene - Puberty Product Patch. Utilizing a puberty product patch (bag) items are pulled out by a member in the group. What is the product, how is it used, how someone might feel if they use this product (utilizing a feelings chart)
- ③ Reproductive Anatomy - each student is given a male + female labeled anatomical worksheet. Labels handed out. Students asked to label the poster in the front of the room, using their own worksheet as a guide. Discussion about anatomical parts.
- ④ Goal Setting - Each student given a worksheet with lots of possible goals in life. They check off importance of each one to them (yes, sort of, not). Short term steps to reach their goals. Attend what would happen if you got pregnant - The impact on goal being obtained.

GRADE 7

- ① Reproductive Anatomy - similar format / review of parts of anatomy male/female. Game to be played
- ② Healthy Relationships - Healthy 7 Card Game Played similar to old maid / goldfish. Goal is to have 7 healthy relationship cards in hand. Discarding unhealthy relationship statement, discard card + pick up another card. Played in small groups. Discussion about what makes relationships healthy.
- ③ Pre-natal Development - Power point Presentation and game. Info on how baby develops in uterus, twin development, how sex of child is determined boy/girl. Will utilize SMART BOARD.
- ④ Risks for Pregnancy - Swept Away is Not OK. Discussion of emotional / physical risks for pregnancy - Played as a class or small group - Statement cards read + decided if behavior is No Risk, Low Risk, or High Risk for Pregnancy

8th Grade

- ① Reproductive Anatomy - Review of previous anatomy labeling / discussion
- ② Healthy Relationships - Is it really love?
Situational Cards Read Aloud, distributed, Students place card on appropriate column on board - why is discussed with each card.
- ③ Sexually Transmitted Diseases - Love Glave for Love Bugs - Situation Cards with small code in bottom corner distributed. Each student takes card + discusses situation with another student. They sign each others card, this continues for a certain number of times / switches. One/Two students has the letter = infected. ^{please} _{steps} (pretend for this game) Then you stand if this person signed your card - Different letters on each students card indicates your risk of infection. Discussed as students stand / sit.
- ④ Abstinence / Prevention - Lesson focusing on Making SMART Choices for goals in future. Decision Making and Communication Skills and apply to different situations.